



| Date | Competition Name | Society | Organiser | City |
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| 3 February | NZ Masters Games – Dance Sport | | Mike Birnie dancesportmastersdunedin@gmail.com | Dunedin |
| 16 March | Spirit of Ballroom Championships | New Zealand Federation of Dance Teachers | Murray Bootten Mboot10@gmail.com | Wellington |
| 23 March | Summer Star Championships | New Zealand Federation of Dance Teachers | NZFDT Auckland Area Branch competition@nzfdt.co.nz | Auckland |
| 6 April | South Island One Dance Championships | NZFDT & NZFATD | Paul Mullany Quicksteptodance@hotmail.com | Nelson |
| 20 April | Plains Festival | New Zealand Federation of Dance Teachers | Sharan Phillips shazmick@xtra.co.nz | Christchurch |
| 27 April | Kapiti Coast Festival | New Zealand Dancesport Association | Malcolm Cree nzdawgtnsec@gmail.com | Wellington |
| 27 April | North Canterbury Festival | New Zealand Dancesport Association | Jenny Lamb secretary@dancesportcanterbury.org.nz | Christchurch |
| 11 May | North Island One Dance Championships | NZFDT & NZFATD | NZFDT Auckland Area Branch competition@nzfdt.co.nz | Auckland |
| 11 May | MLT Southland Festival of Dance | - | Rachel Wilson | Gore |
| 18 May | Harbour City Championships | New Zealand Federation of Dance Teachers | Murray Bootten mboot10@gmail.com | Wellington |
| 1 & 2 June | New Zealand One Dance Open Championships | New Zealand Federal Association of Teachers of Dance | Keri Porter nzonedancechamps@nzfatd.co.nz | TBC |
| 22 June | Twin Coast Dancesport Championships | New Zealand Federation of Dance Teachers | NZFDT Auckland Area Branch competition@nzfdt.co.nz | Auckland |



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| 22 June | River City Championships | - | Mark Glastonbury mark.glastonbury@hotmail.com | Whanganui |
| 28 June | Matariki Championships & Recreational Individual with Teacher Championships | New Zealand Dancesport Association | Jenny Lamb secretary@dancesportcanterbury.org.nz | Christchurch |
| 29 June | South Island Winter Festival | New Zealand Dancesport Association | Jenny Lamb secretary@dancesportcanterbury.org.nz | Christchurch |
| 13 July | Canterbury Dancesport Championships | New Zealand Federation of Dance Teachers | Sharan Phillips shazmick@xtra.co.nz | Christchurch |
| 20 July | Hamilton Dancesport Club Festival of Dance | Hamilton Dancesport Club | Julie Todd hamiltondancesportclub@gmail.com | Hamilton |
| 20 July | Jimmy James Championships | New Zealand Federation of Dance Teachers | Murray Bootten mboot10@gmail.com | Wellington |
| 3 August | Metropolitan Championships | New Zealand Dancesport Association | Malcolm Cree nzdawgtsec@gmail.com | Wellington |
| 10 August | Winter Star Championships | New Zealand Federation of Dance Teachers | NZFDT Auckland Area Branch competition@nzfdt.co.nz | Auckland |
| 10 August | Mainland Dancesport Festival | New Zealand Federation of Dance Teachers | Sharan Phillips shazmick@xtra.co.nz | Christchurch |
| 17 August | Rose City Dancesport Championships | - | Shirley Wall swdancenz@gmail.com | Palmerston North |
| 24 August | Southern Alps Championships | New Zealand Dancesport Association | Jenny Lamb secretary@dancesportcanterbury.org.nz | Christchurch |
| 21 September | Auckland Dancesport Championships | New Zealand Federation of Dance Teachers | NZFDT Auckland Area Branch competition@nzfdt.co.nz | Auckland |
| 21 September | Christchurch Dancesport Championships | New Zealand Federation of Dance Teachers | Sharan Phillips shazmick@xtra.co.nz | Christchurch |



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| 28 September | Capital City Championships | New Zealand Federation of Dance Teachers | Murray Bootten mboot10@gmail.com | Wellington |
| 5 October | Wellington Provincial Championships | New Zealand Federal Association of Teachers of Dance | Keri Porter wellingtonsecretaryfatd@outlook.com | Wellington |
| 12 October | Albert Aiken Championships | New Zealand Dancesport Association | Jenny Lamb secretary@dancesportcanterbury.org.nz | Christchurch |
| 26 & 27 October | 73rd 2024 Open to the World and Closed NZ Dance Championships | New Zealand Federation of Teachers of Dance | NZFDT Executive enquiries@nzopendancechampionships.co.nz | Nelson |
| 16 November | NZ Recreational Solo and Dancesport Solo Championships | New Zealand Federation of Dance Teachers | NZFDT Auckland Area Branch competition@nzfdt.co.nz | Auckland |
| 2 February | NZ Masters Games – Dance Sport | | Keryn Russ dancesport@nzmg.com | Whanganui |